

Family, Friends and Carers Open Day

Are you a family member, friend or carer of someone experiencing life limiting illness, palliative or end of life care?

It can be extremely rewarding but we also recognise that it can be challenging helping a relative or friend go through difficult times, and it is important to ensure you have the right support too.

We would like to offer you the opportunity to come along to Dorothy House in Winsley on:

Wednesday 5 June 2024

10.30am - 1pm and 2pm - 4.30pm

Dorothy House, Winsley, BA15 2LE



Come and join us to find out how Dorothy House can support you to look after yourself and help your loved ones.



Reg Charity No. 275745

For more information and to book your free place, please call:

01225 965 803

 **Dorothy House**
HOSPICE CARE

We're here to help...

Come and meet the teams from Dorothy House to see how we can support you as a family, friend or carer.

Two sessions; 10.30am - 1pm and 2pm - 4.30pm.

We are doing talks on the following areas:

- **Dietitian Advice** 10.30am and 2pm
- **Self-Care for Friends, Family and Carers** 11am and 2.30pm
- **Relaxation and Mindfulness** 11.30am and 3pm
- **Finance and Benefits** 12 noon and 3.30pm
- **Manual Handling Tips** 12.30pm and 4pm

Book to attend using the URL below
or calling 01225 965 803


If you closely support a patient who cannot be left alone without your support, you may feel unable to attend. We will be running a session in our Day Patient Unit on the day so you can bring along your friend or relative to be supported whilst you explore our offers. Booking only, please register your interest when booking your place.

*You can attend without a booking, however we may need to limit numbers if booking levels are high.

Free to book:

forms.office.com/e/2TG9Yg1DbK

01225 965 803

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Join our café for
coffee, cake and
chat with others in
a similar situation
to you



**Dorothy
House**
HOSPICE CARE